



# QUOTES III

## ABOUT STITCHLINKS

Since Stitchlinks began we have received some lovely feedback. We have pulled together a small selection of the emails so that potential members can see what it is our Members are already getting. We hope it will inspire you to join us!

This document and all subsequent documents on the same subject have been compiled directly from letters and emails that have been sent to us at Stitchlinks.

Names have of course been omitted to preserve anonymity.

They are not presented in any particular order because they are all inspirational.

Very significantly, we receive them from people across ALL age ranges. In fact, the mid-point of ages of our correspondents seems to be about 35 years of age.

We strongly urge you just to dip in at random.

You are not alone.

May 2007



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I have absolutely no doubt that doing the knitting daily for over 6 months "reset" my brain in some way and also that Stitchlinks allowed me to open up again, after the long years of dealing with illness and disability on my own had just worn me down and closed me down. Thank you so very much for what you are doing.

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I think the encouraging tone of Stitchlinks is excellent and I do hope that many people will benefit from the many thoughtful items it contains. I'm sure you will be breaking the barriers of isolation for many people - these barriers go up all too easily when illness descends. I wish you every success with your venture - it is great that you are doing this and I send you every encouragement to continue.

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I found the magic of *Stitchlinks* just over a year ago. Betsan, in my mind, sits alongside Carole and Elsie who have given me back my life to enjoy - **without the addiction** ( unless of course stitching comes into that category! ) I love receiving my monthly newsletter and I am amazed at the amount of growth which has occurred with *Stitchlinks* in twelve short months!

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Thank you SO much for the latest edition of the newsletter - I always put the date into my diary each month and get quite excited as the day approaches I love to read it so much.

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Thank you for all that YOU do to contribute to this, as Stitchlinks has become my family and is a home where I know we each have our struggles but have the common bond of being united in our love of needlework which brings each of us healing and that is a most precious gift

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I have SO MUCH to be grateful to you for - you are a dear and precious gift to me.

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“It's good that it [Stitchlinks] is not a forum for specific illnesses, and that it's very positive and friendly. We can all support each other. Unfortunately when I had my breakdown I lost most of my friends because they either couldn't handle the concept of mental illness, or were just embarrassed or disgusted. That's another reason why Stitchlinks is so great - people are not judgmental, and it's really helping me to pick up the pieces and begin to trust people again“.

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